PSHCE resources in school- updated 09.05.2025

Teacher and pupil books

Resources	Details	Where to be found
Personal safety	Photocopied resources about personal safety	Community room
Moral dilemmas	Photocopied resources about moral dilemmas	Community room
Citizenship	Photocopied resources about citizenship	Community room
Friends	Student book about friendship with photocopied resources	Community room
Making decisions	Student book about making decisions with photocopied resources	Community room
I am, I know, I can	Lesson plans and resources	Community room
If I were a village	4 reading books about cultural capital	Community room
Mummy laid an egg	3 books about having a baby to read to children	Community room
Happy Birthday	2 books on what happens on a birth day.	Community room
Let's talk about where babies come from	A book to read to children.	Community room
Life is like the wind	5x A book to read to the children about life	Community room
Friendship is like a seesaw	5x A book to read to the children about friendship	Community room
The playground is like my jungle	5x A book to read to the children about the playground	Community room
Mummy laid an egg Babette cole		Community room

Books for the children and for parents to loan- LOCATED IN THE COMMUNITY ROOM

Social Issues and Behaviours

***The Bear Who Stared* by Duncan Beedie**
This humorous book about a socially awkward bear is great for showing children how they could try to make friends.

***On Sudden Hill* by Linda Sarah and Benji Davies**
Sometimes strong friendships can break down when a new person joins the group. Try using this book for children struggling with playground politics or those who don't know how to share friendships.

***Beyond the Fence* by Maria Gulemetova**
Thomas thinks he knows what's best for his friend Piggy and orders him around. Piggy becomes sad until he meets a wild pig, who helps to show him what true friendship really means.

***'Have You Filled a Bucket Today?'* by Carol McCloud**
This heart-warming book encourages positive behaviour by using the concept of an invisible bucket to show children how easy and rewarding it is to express kindness, appreciation and love by "filling buckets."

I don't want to play nicely by Sue Graves
This story offers a way in to talk about how our actions can make others feel and how we can make that better, reinforcing good behaviour. At the end of the story, there are notes for parents and teachers with suggestions of ways to help children deal with the big emotions they experience.

Hippo owns up by Sue Graves
The perfect way to introduce young children to what honesty is, and help them understand the importance of owning up to your mistakes. Also included are suggestions for activities and ideas to talk through together to help children fully understand how their behaviour can impact on others.

Not Fair, Won't Share by Sue Graves
Miss Clover has made a space station. Posy, Ben and Alfie must take turns to play with it. But Posy doesn't want to share, and everyone gets cross. Can the children learn to enjoy it together?

Frog and the Stranger by Max Velthuijs
When Rat comes to live at the edge of their wood, the animals decide they don't like having a stranger in their midst. But Frog is friendly by nature, and decides to find out if Rat is really as unpleasant as he is made out to be. As Frog discovers, Rat is intelligent

and good hearted, and proves in a series of unexpected emergencies that the other animals have been too quick to condemn him.

Giraffe is left out by Sue Graves

This simple, engaging story is the perfect way to introduce young children to what bullying is, and help them become aware of how their behaviour can impact on other children. There are even suggestions for activities and ideas to talk through together to help children understand.

Marshall Armstrong is New to Our School' by David Mackintosh

Quirky, witty and brilliant, Marshall Armstrong is new to school and he definitely stands out from the crowd; but will he find it easy to make friends? A quirky and witty 'first day at school' story from a brilliant new talent.

Feather Boy' by Nicky Singer

Essential Modern Classics are relaunched in gorgeous new covers bringing this timeless story to a new generation. Robert is a boy who can do anything - or so old Edith Sorrel at the nursing home tells him. Robert doesn't think so, knowing as he does that he is the school geek. But something compels him to do what Edith asks - to visit old Chance House, where a boy once fell to his death from the top floor flat, to confront his fears and find some answers. Niker the bully thinks this is a great laugh.

The Rainbow Fish' by Marcus Pfister

The Rainbow Fish is an international best-seller and a modern classic. Eye-catching foil stamping, glittering on every page, offers instant child appeal, but it is the universal message at the heart of this simple story about a beautiful fish who learns to make friends by sharing his most prized possessions that gives the book its lasting value.

Aldo by John Burningham

A young girl, an only child, is often lonely but she has a secret friend, Aldo, who is a giant rabbit. He comes to her when things get tough and together they face the world. On the bright side, she does have some good times with other children and then she doesn't need Aldo.

Growing Friendships by Eileen Kennedy-Moore

From psychologist and children's friendships expert Eileen Kennedy-Moore and parenting and health writer Christine McLaughlin comes a social development primer that gives kids the answers they need to make and keep friends. Friendship is complicated for kids. Almost every child struggles socially at some time, in some way.

Having an argument with a friend, getting teased, or even trying to find a buddy in a new classroom...although these are typical problems, they can be very painful. And friendships are never about just one thing.

Being Fair
What does it mean to be fair?

Being Responsible
What does it mean to be fair?

Say Please by Kate Tym
The power of saying please.

Sibling rivalry or a new baby

Little Big Girl by Claire Keane
This picture book deals with the new role as a big sister

The New Small Person by Lauren Child
This picture book deals the fun of having a new brother or sister.

Following instructions and listening

What makes a Lemur listen?
This picture book deals with the importance of listening to adults for advice and following rules.

Talking about Illness and Grief

Goodbye Mog by Judith Kerr

Mog was tired. She was dead tired...Mog thought, 'I want to sleep for ever.' And so she did. But a little bit of her stayed awake to see what would happen next. Mog keeps watch over the upset Thomas family, who miss her terribly, and she wonders how they will ever manage without her. Nothing happens for some time...

A monster calls by Patrick Ness

Thirteen-year-old Conor awakens one night to find a monster outside his bedroom window, but not the one from the recurring nightmare that began when his mother became ill--an ancient, wild creature that wants him to face truth and loss.

Sad Book by Michael Rosen

We all have 'sad stuff' to deal with in life. What makes Michael Rosen most sad is thinking about his son, Eddie, who died. In this book he writes about his sadness, how it affects him, and some of the things he does to try to cope with it.

No Matter What by Debi Gliori

When Small is in a big bad mood, it's up to Large to help. But what if Small were a grizzly bear, or a scary crocodile - would Large still love him? Of course! A heartfelt story about the unconditional love each parent feels for their child.

When my parents forgot how to be friends by Jennifer Moore-Mallinos

Youngsters become confused and hurt when their parents constantly argue, then decide to divorce. This sensitively written book assures boys and girls that children are in no way responsible for their parent's inability to get along together.

Tell Me About Heaven, Grandpa Rabbit!: A book to help children come to terms with losing someone special by Jenny Album

This gentle and uplifting story is designed to help young children come to terms with losing someone special. The book follows the story of Bradley Bunny and his grandfather, Grandpa Rabbit. At one stage, Bradley asks Grandpa Rabbit what heaven is like.

I miss you by Pat Thomas
When a close friend or family member dies, it can be difficult for children to express their feelings. This book helps children understand that death is a part of life. Thomas, a psychotherapist and counselor, promotes positive interaction among children, parents, and teachers. Full-color illustrations.

Secret C – Talking about Cancer by Julie Stokes
When someone special dies by Marge Heegaard (not to write in)
A practical format for allowing children to understand the concept of death and develop coping skills for life, this book is designed for young readers to illustrate.

When someone has a very serious illness by Marge Heegaard
This book will help families communicate and evaluate a child's understanding and feelings about family change while teaching basic concepts of illness and healthy coping skills.

When something Terrible Happens by Marge Heegaard
Creates ways for children to explore the fright, confusion, and insecurity caused by traumatic events in their lives. A workbook to help children work out feelings about a traumatic event.

The day the sea went out and never came back by Margot Sunderland
How to deal with loss

The Snowman by Raymond Briggs
A picture book with no words, that deals with loss.



Families and difference

The Invisible String Work Book and story book

The Invisible String Workbook allows readers of all ages who have experienced any kind of separation or loss to delve deeper into their relationships, to engage in healing conversations, and to build stronger attachments.

My Daddy's Going Away by Christopher MacGregor and Emma Yarlett

Children whose parents often work away from home in the military, or in other professions, could benefit from this book, which is sensitively written by Colonel Christopher MacGregor, based on his own experiences of deployment.

'Mum and Dad Glue' by Kes Gray

A little boy searches for a pot of parent glue to paste his mom and dad's marriage back together. He soon realizes that even though his parents' marriage is broken, their love for him remains as strong as ever. Divorce is an unhappy fact that affects many children's lives, and the story told in this book was written for those little boys and girls. Its message can help soothe their feelings and make them understand that their parents' separation is in no way their fault.

All about families by Felicity Brooks

Families come in all shapes and sizes and from all sorts of backgrounds. They speak various languages, eat different sorts of food, live in different kinds of homes and celebrate special occasions in a variety of ways. An entertaining and gently informative book that portrays diverse families and helps children think, talk about and understand difference.

Black Dog by Levi Pinfold

The youngest and bravest member of the Hope family is the only person who tames the Black Dog, a metaphor for depression, which grows bigger and bigger each time you try to ignore it. A particularly useful book for children who live with parents with mental health problems.

'Family Book' by Todd Parr

There are so many different types of families, and THE FAMILY BOOK celebrates them all in a funny, silly, and reassuring way. Todd Parr includes adopted families, step-families, one-parent families, and families with two parents of the same sex, as well as the traditional nuclear family

'And Tango Makes Three' by Simon Schuster

Roy and Silo are just like the other penguin couples at the zoo - they bow to each other, walk together and swim together. But Roy and Silo are a little bit different - they're both boys.

'Elmer' by David McKee

Elmer is different. Elmer is patchwork. The grey elephants all love him, but he soon starts to wonder what it would be like to be just the same as them...

'Wonder' by R.J Palacio

Auggie wants to be an ordinary ten-year-old. He does ordinary things - eating ice cream, playing on his Xbox. He *feels* ordinary - inside. But ordinary kids don't make other ordinary kids run away screaming in playgrounds. Ordinary kids aren't stared at wherever they go. Born with a terrible facial abnormality, Auggie has been home-schooled by his parents his whole life. Now, for the first time, he's being sent to a real school - and he's dreading it. All he wants is to be accepted - but can he convince his new classmates that he's just like them, underneath it all?

The Great Big Book of Families by Mary Hoffman and Ros Asquith

What is a family? Once, it was said to be a father, mother, boy, girl, cat and dog living in a house with a garden. But as times have changed, families have changed too, and now there are almost as many kinds of families as colours of the rainbow - from a mum and dad or single parent to two mums or two dads, from a mixed-race family to children with different mums and dads, to families with a disabled member.

Lift the flap. Questions and answers about Racism by Jordan Akpojaro

Racism is such a hard topic to talk about but impossible to ignore. Discover the answers to some difficult questions – and become part of the solution.

All about diversity by Felicity Brooks and Mar Ferrero

How are we different? And what makes us all the same? These are some of the many questions answered in this exciting celebration of diversity of every kind.

The Lion above my head by OnJali Q. Rauf

A story book about being different and how one boy copes with this


DADDY'S GOING AWAY
All about Families
When My Parents Forget How to Be Friends
King & King
ELMER
THE FAMILY BOOK
Moving Hous
and Tango makes three
MUM AND DAD GLUE

Growing Up

'Counting Kisses' by Karen Katz
A best-selling book, introduces preschoolers to counting as all the loving phrases shared between a mother and her child are tallied as the day progresses.

'Mummy Laid an Egg' by Babette Cole
Mum and Dad decide it's time to tell the kids about the facts of life. But do they dare? And do the really know everything about the birds and the bees?

Guy stuff: the body book for boys by Cara Natterson
Your body is about to start growing and changing big-time - or maybe this has already begun. You probably feel excited that you're growing up, but all these changes can feel awkward and uncomfortable.

Flour babies by Anne Fine
When the annual school science fair comes round, Mr Cartwright's class don't get to work on the Soap Factory, the Maggot Farm or the Exploding Custard Tins. To their intense disgust they get the Flour Babies - sweet little six-pound bags of flour that must be cared for at all times.

Let's talk about where babies come from by Robie Harris
This title for children covers all the main areas - babies, reproduction, bodies, genes, growing up, love, and health. The information is imparted with humorous commentary from an inquisitive bird and a squeamish bee together with cartoon-strip illustrations.

Let's Talk About Girls, Boys, Babies, Bodies, Families and Friends (Paperback) by Robie Harris
Young children ask so many questions about their bodies and how they were made. With lively language, engaging art and clear, accurate information, this book answers those perfectly normal questions and will help even pre-school children feel proud and comfortable about their own bodies.

Growing up Usbourne book (facts of life) by Susan Meredith and Robyn Gee
"Now revised and updated, this ... book explains important aspects of the human body in an approachable and straightforward way for anyone aged 10 or over"

What's happening to me? 2 Books: GIRLS pink, BOYS blue
Growing up is a whole lot easier if you have some idea what to expect. This book describes exactly what will happen to your body in a straightforward, easy-to-understand way, and it explains some of your feelings too - all you need to know for this important time in your life.

I don't want to wash my hands by Tony Ross
The Little Princess loves getting her hands dirty. The trouble is . . . she hates washing them. Until she learns all about the nasties and the dirties and all the other horrible things that lurk and make you ill . . .

There's a house inside my mummy by Giles Andreae
Waiting for a new brother or sister to arrive can be a confusing and worrying time for young children. Sharing this simple rhyming story together is the perfect way to reassure your little one and involve them in all the excitement.

Growing up for boys by Alex Frith
Covers all the topics that boys want to find out about, including moods and feelings, what happens to girls, diet, exercise, body image, sex and relationships, contraception, sexual health, self-confidence, drink and drugs, exam stress, cyberbullying, and staying safe both out and about and online.

I Said No! by Kimberly King
Helping kids set healthy boundaries for their private parts can be a daunting and awkward task for parents, counsellors and educators. Written from a kid's point of view, I Said No! makes this task a lot easier.

Making a baby by Rachel Greener
An inclusive guide to how every family begins.

We are all born free (UN human rights)
Every man, woman and child on the planet is protected by 30 special human rights, and no one is allowed to take them away from us.

For every Child (UNICEF)
Whoever we are, wherever we live, these are the rights of every child under the sun and the moon and the stars.

The Ultimate Kids Guide to Life Skills
We all strive to raise children who are confident, adaptable, and booming under any circumstances.This inspirational and motivational book offers over 101 practical tools for developing essential life skills in elementary school students. It is packed with the most important things every girl and boy need to know.

Different families – same love (LGBT+ and gender identify)

Rick by Alex Gino by Kyle Lukoff

223 page book about finding your gender identify.

When Aidan became a brother

A picture storybook about transgender and what does getting it right mean?

Making a baby by Rachel Greener

How babies are formed by help from scientists

Are you a boy or are you a girl? By Sarah Savage

Tiny loves costumes! Sometimes Tiny dresses up as an animal, or a doctor or a butterfly. Tiny prefers not to tell people if he is a boy or a girl.

When Kayla was Kyle by Amy Fabrikant

Kyle doesn't understand why people at school call him names. He looks like other boys but doesn't feel like them. Can Kyle share his feelings and transition into the girl he is was born to be?

Dogs don't like ballet by Anna Kemp

My dog is not like other dogs. He doesn't wee up lamp posts or scratch flees. No, my dog things he is a ballerina. A picture book about breaking down stereotypes.

Introducing Teddy by Jessica Walton

Thomas has a story to share, and it is something difficult to say out loud. Will his friends understand why he now wants to be called Tilly?

The family book by Todd Parr

A book celebrating all kinds of families and how we are all special.

Oliver Button is a Sissy by Tommie DePaola

How a child will not give up on his dreams even if it not what people expect of him.

Who are you by Brook Pessin-Whedbee

A book about gender identify and expressions. At the back of the book is a gender wheel to express who you are.

She's my Dad by Sarah Savage

A simple story that speaks volumes about kindness and joy in acceptance. A book about transitioning.

The Great Big Book of Families by Mary Hoffman

A great book about differences in a family and how this is ok.

Fearless Fairy Tales by Konnie Huq and James Kay

A laugh out loud Anthony of fairy tales with a modern twist.

The Girls

Breaking down stereotypes.

King and King

The Crown Kitty and friends, cordially invite you to celebrate a Royal Wedding.

Internet Safety

'Chicken Clicking' by Jeanne Willis and Tony Ross

One night Chick hops onto the farmer's house and has a browse on his computer - CLICK - soon she's shopping online for the whole farm! But when she arranges to meet up with a friend she's made online, she discovers all is not as it seems...

Not for Kids! By Liz Walker

It's not a matter of if your kids see online pornography - it's when. The best thing we can do is prepare them in advance so they know what to do. Like most children, the character in the book, Milly, loves to explore and learn. One day while using her friend's phone, she sees images that make her feel sick. Milly was lucky to have a safe adult to help her through this experience and she now teaches children that some adult behaviours can be harmful for kids to see. Milly lets kids know that coming across these images is not their fault and she reminds them to always seek help from an adult if they see things that are not meant for kids eyes. Not for Kids! is the perfect tool for parents to teach their children what to do when they are exposed to explicit content, and for parents to learn how to best help their kids cope with what they've seen.

Social media savvy: facts and figures about selfies, smartphones and standing out by Elizabeth Raum

How many girls your age have a social media account? What are the most popular social media websites? How many followers does the average teenager have? Find the answers to these questions and more while learning how to make a statement on social media!

Once upon a Time Online by David Bedford

"Once upon a time, a laptop arrived in Fairy-tale Land. Join Jack and his friends as they discover the ups and downs of going online!"

Staying Safe Online by Louie Stowell

The internet is full of amazing possibilities but, just like the real world, there are a lot of potential dangers and difficulties too. You need to know what to watch out for and how to protect yourself. Whether you're worried about oversharing on social media or coming across dangerous people, this guide gives you tips and tools to take control and stay safe online.

Emotions

The Red Beast by K.I. Al Gham

Deep inside everyone, a red beast lies sleeping.
When it is asleep, the red beast is quite small, but when it wakes up, it begins to grow and grow.

This is the story of a red beast that was awakened

There is a Volcano in My Tummy

Helping Children to Handle Anger presents a clear and effective approach to helping children and adults alike understand and deal constructively with children's anger. Using easy to understand yet rarely taught skills for anger management, including how to teach communication of emotions.

How are you feeling today?

Children have strong feelings and they can't always handle them very well. Perfect for sharing, How Are You Feeling Today? is packed with fun, imaginative ways to help children understand and cope with a whole range of different emotions. This delightful book gives parents the tools they need to help their child deal with those feelings - without it all ending in tears!

Help! There is an alarm bell going off in my head!

Ever wondered what happens inside our bodies when we feel angry, nervous, stressed or anxious? This straightforward, illustrated guide explores just that, explaining what happens to the brain and nervous system when that alarm bell in our heads starts ringing. It describes how our bodies can become very sensitive and set off false alarms and includes tips and activities to help you reduce feelings of anxiety and keep your nervous system healthy.

Anger Management Workbook by Samantha Snowden

These books are available to have certain parts photocopied.

50 Fun activities to help children stay calm and make better choices

Starving the Anger Gremlin for children aged 5-9.

A therapy workbook to help children deal with their Anger Gremlin

Angry Arthur by Hiawyn Oram

Once there was a boy called Arthur, who wanted to stay up and watch TV, but his mother wouldn't let him. "I'll get angry," said Arthur, and he did. Very, very angry...

***The Huge Bag of Worries* by Virginia Ironside and Frank Rodgers (2 copies)**

Jenny carries a huge bag of worries with her wherever she goes and is desperate for someone to help her. This book shows children that a problem shared is a problem halved.

When Sophie gets Angry- Really, Really Angry… by Molly Bang
A story about how you feel when you are angry and what you may do.

Everyone feels Angry
Lots of opportunity for discussion about how you feel when you are angry. Lots of questions in the book.

Why lose your temper?
Explains how to deal with anger.

***Hello Happy!* and *No Worries!* in association with Child and Family Psychotherapist Sharie Coombes**
These books are available to have certain parts photocopied.
These are activity books aimed at young people who might feel sad, angry or worried. I use these books a lot with children who could do with some TLC. They love the activities, which include drawing what makes them happy, sad and mad, so they can discuss these things later.

***Bob's Blue Period* by Marion Deuchars**
Bob's best friend Bat has to go away for a while and Bob feels so sad that he paints everything in blue. However, his other friends get together to show that there are many other beautiful colours in the world and Bob starts to feel better. A perfect book about expressing emotions and how to feel better when you're "blue".

***Silly Billy* by Anthony Browne**
Billy worries obsessively about everything until Grandma suggests that worry dolls might help him to cope better. This book takes a sensitive and gentle approach to dealing with childhood anxiety. Many of Browne's other books are also good for supporting discussion around emotions.

Tiger has a Tantrum by Sue Graves
A lively picture book that examines feelings of anger in an amusing but reassuring way through animal characters - perfect for young children who are experiencing angry emotions. The story offers a gentle way in to discuss this difficult emotion. At the end of the story there are notes for parents and teachers with suggestions of ways to help children deal with anger.

***Augustus and His Smile* by Catherine Rayner**
Augustus the tiger has lost his smile and is feeling sad. However, as he starts looking for it, he gradually discovers that joy can be found in all sorts of everyday situations.

***My Many Coloured Days* by Dr Seuss**
This title explores the different moods and emotions a person can feel on any given day and helps children understand how common those moods are and how to identify them.

***'So Much'* by Trish Cooke**
Mom and baby are home alone when--DING DONG!--Auntie and then Uncle and Nannie and Gran-Gran and the cousins come to visit. And they all want to hug and kiss and squeeze and eat the baby right up--because everybody loves the baby SO MUCH!

Worries Go Away! By Kes Gray
When a little girl feels worried she goes into a world of her own. At first the world is full of cream cakes and cola but soon the worries begin to take hold... Only her family and friends can help. The gentle rhymes and imaginative illustrations give a difficult subject a wonderfully light touch.

Being Me by Wendy Moss
Do you like being you? Do you have confidence in yourself? Do you believe that there are kids who can like you for who you are and want to hang out with you? If you answered 'no' to any of these questions, how about turning those no's into know-how? Being Me is loaded with tips and advice for taking on everyday challenges and for building up your confidence and self-esteem.

Lion's in a Flap by Sue Graves
A lively picture book that examines the issue of being worried in an amusing but reassuring way through animal characters - perfect for young children who have feelings of anxiety and worry. The story offers a gentle way in to discussing the things children worry about. At the end of the story there are notes for parents and teachers with suggestions of ways to help children deal with anger.

You, Me and Empathy by Jayneen Sanders and Sofia Cardoso
One of the most important social skills a child can learn is empathy. Being able to understand how another person is feeling and recognizing their needs helps people to connect to one another across race, culture and the diversity that is ever-present and so important to our world. Showing empathy towards others is a learnt trait, and one to nurture and cherish with the children in our care. Also included are Discussion Questions for parents, caregivers and educators, and suggested activities to promote empathy and kindness.

When my worries get too big
Relaxation book for children with anxiety. Stress checklist at the back.

Feeling sad
Different reasons why people maybe sad. Parents and teacher support at the back of the book.

When I See Blue by Billy bailey
Ben has a bully in his head, making him feel sad. His friends help him to be brave and get help.

Feeling jealous
Different reasons why people maybe jealous. Parents and teacher support at the back of the book.

Feeling scared
Different reasons why people maybe scared. Parents and teacher support at the back of the book.

Everyone feels happy
Different scenarios why people are happy, with questions to ask.

Everyone feels sad
Different scenarios why people are sad, with questions to ask.

Be nice by Kate Tym
Read about Brian and what happened when he wasn't nice to his family and what happened when his family were not nice to him.

Everyone feels happy
Different scenarios why people are happy, with questions to ask.

Not now Bernard by David McKee
About a little boy who just wants his mum and Dad's attention

The Knot by Sam Brown (2 books)
A book about feeling knots in your tummy and what you can do about this.

True Love by Babette Cole
Understanding what love is and there is enough to go around.

Ruby's Worry by Tom Percival
Ruby has always been happy, perfectly happy….. until one day… she discovered a worry.

Perfectly Norman by Tom Percival
Norman has always been normal, perfectly normal, until the day he grew a pair of wings.

Finn's Little Fibs by Tom Percival

Finn has always loved going to stay with grandma… until one day he tell as tiny fib that gets out of control!

Tilda Tries Again by Tom Percival

Tilda's world is just as she likes it… until, one day it turns completely upside down.

Bullying and teasing

Why tease?

A book discussing how to deal with teasing and what practical actions can be taken.

We can get along by Lauren Murply Payne

Citizenship being friends

Being a Young Carer

Can I tell you about being a young carer by Jo Aldridge.
This book offers a range of practical information for young carers and those who support them.

Guidebook for Young carers by Mike Raymor
This guide book provides advice and hope for children who provide care for others. The author was a young carer when he was a child so this book is based on first hand experiences.

When I see blue by Lily Bailey
Ben has a bully in his brain- OCD and he is caring for his alcoholic mum. The book deals with how Ben deals with his brain bully as well as managing his vulnerabilities at home and in school.

Neurodiversity explained for children

Frankie's World
A graphic novel about Frankie and how she is understanding her autism as well as dealing with being different and being bullied about this.

The Torch by Roberts and Rounding
A picture book introducing autism to children.

Dealing with a stammer

The Boy who made everyone laugh by Helen Rutter
Billy learns to stand out but also fit in.