

What can your friends do in school if you have been off for several days?

- Smile and ask how you are now feeling.
- Ask you to join in the games at playtime.
- Support you in your learning to catch up by sitting with a teacher or teaching assistant on a 1:1 basis so they can show what you need to do and help you catch up with your learning.
- Your learning partner can let you look through their book to find out what they have been learning.

What would not help you to come into school?

- Questioning where you have been.
- Making me feel different and pointing it out to the class that you have been away.



How can school help me if I am off school and I am worried about coming back in?



Why do you need to come in school?

At Wirksworth Juniors we know that it is important to come into school because we can not only learn how to read and write and solve maths sums, but we know we have lots of other fun things to take part in such as Forest Schools, swimming, sports events, sailing, learning about other countries.

School is also important to learn how to be a good friend how to socialise with others and be a kind and respectful person in our community.

We know that sometimes you can be unwell and need to stay off school to get better and feel stronger so when you do come back you are ready to learn. However we do know sometimes there maybe other reasons



Below are some examples.

- When we are worried about the work in school.
- When something has upset you at home, such as when something sad happens at home.
- Falling out with your friends at home or in school. You are being bullied.
- Not wanting to take part in a special event such as sporting event or class assembly.

How can we help you to come into school?

- We will provide a safe environment for you to learn in.
- We will tell you we have missed you and we are pleased you are back in school.
- We may tell you that you have shown a lot of courage coming into school
- We will recognise you have missed the learning and give you a catch up and more support such as scaffolds to help you.
- Your teacher or teaching assistant will phone or message parents to ask how you are and check if you need anything.
- We will teach you about your emotions and how you are feeling. Zones of Regulation.
- We will work with you to overcome and manage these strong feelings/emotions.
- Depending on the circumstances, we could send work home if you have been off for more than three days. This will be matched to your ability.
- Help you put steps in place to overcome things that you are worried such as sporting events or speaking in front of an audience.

