



## Basketball and Netball Curriculum Medium Term Plan

Subject	Concept -	Subject knowledge	Procedural	Declarative	Experiential
Year 3/4 PE Year A Basketball	Passing Shooting Attacking and defending Movement	<p>NC: master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</p> <p>NC: play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending</p>	<p>I can pass accurately to a team mate, using: chest, bounce, and overhead passes</p> <p>I can successfully shoot into the basket using BEEF (bend, elbow, extend, follow through)</p> <p>I can generate power by bending my legs and jumping up</p> <p>I can mark an opponent.</p> <p>I can spot a space and advance into it.</p> <p>I can adhere to the footwork rules</p>	<p>I know the positions of players</p> <p>I understand where the basketball centre circle, baseline, and side-lines are</p> <p>I know equipment names: basket, back board, ball</p> <p>I know and understand the rules of the game</p> <p>I know where my hands should be on ball.</p> <p>I know where to shoot from</p> <p>I know that you can prevent or make it harder for an opponent scoring if you mark them. Staying 1m (arms-length) away</p> <p>I know that working with others on your team to attack is more successful than on your own.</p> <p>I know you can only take 2 steps with the ball.</p>	
Subject	Concept -	Subject knowledge	Procedural	Declarative	Experiential
Year 3/4 Year B Netball	Passing Shooting Attacking and defending Movement	<p>Use running, jumping, throwing and catching in isolation and in combination</p> <p>Play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending</p>	<p>I can pass accurately to a team mate, using: chest, bounce, overhead and shoulder passes</p> <p>I can pivot on one foot to change my direction</p> <p>I can successfully shoot into the basket using BEEF (bend, elbow, extend, follow through)</p> <p>I can generate power by bending my legs and jumping up</p> <p>I can mark an opponent.</p> <p>I can spot a space and advance into it.</p> <p>I can adhere to some footwork rules</p>	<p>I know the positions of players and where they are allowed</p> <p>I know the areas of pitch: goal third, centre third, centre circle, baseline, side-line.</p> <p>I know equipment names: basket, netball</p> <p>I know the rules of the game</p> <p>I know the hand positions on the ball.</p> <p>I know to shoot from goal circle</p> <p>I know that you can prevent or make it harder for an opponent scoring if you mark them.</p> <p>I know that working with others on your team to attack is more successful than on your own.</p> <p>I know that you can jump to catch the ball, then take two steps and pass on the run.</p> <p>I know that you should be 3 ft - 90cm away from a player when marking them</p>	



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Subject	Concept -	Subject knowledge	Procedural	Declarative	Experiential
Year 5/6 Year A Netball	Passing  Shooting  Attacking and defending  Movement	Use running, jumping, throwing and catching in isolation and in combination  Play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending	I can pass accurately to a team mate, using: chest, bounce, overhead and shoulder passes I can pivot on one foot to change my direction I can successfully shoot into the basket using BEEF (bend, elbow, extend, follow through) I can generate power by bending my legs and jumping up I can mark an opponent. I can spot a space and advance into it. I can adhere to the footwork rules	I know the positions of players and where they are allowed I know the areas of pitch: goal third, centre third, centre circle, baseline, side-line. I know equipment names: basket, netball I know the rules of the game I know the hand positions on the ball. I know to shoot from goal circle I know that you can prevent or make it harder for an opponent scoring if you mark them. I know that working with others on your team to attack is more successful than on your own. I know that you can jump to catch the ball, then take two steps and pass on the run. I know that you can take 1 step with one foot when receiving the ball, the landing foot must not move I know that you should be 3 ft - 90cm away from a player when marking them	
Subject	Concept -	Subject knowledge	Procedural	Declarative	Experiential
Year 5/6 PE Year B Basketball	Passing Shooting Attacking and defending Movement	Use running, jumping, throwing and catching in isolation and in combination Play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending	I can pass accurately to a team mate, using: chest, bounce, and overhead passes I can successfully shoot into the basket using BEEF (bend, elbow, extend, follow through) I can generate power by bending my legs and jumping up I can mark an opponent. I can spot a space and advance into it. I can adhere to the footwork rules	I know the positions of players and where they are allowed on the court I understand where the basketball centre circle, 3-point line, free throw lane, baseline, and side-lines are I know equipment names: basket, back board, ball I know and understand the rules of the game I know where my hands should be on ball. I know where to shoot from I know that you can prevent or make it harder for an opponent scoring if you mark them. Staying 1m (arms-length) away I know that working with others on your team to attack is more successful than on your own. I know you can only take 2 steps with the ball.	